Adrian College Athletic Training Program Course Sequence

Name _____ Sport _____ Interest _____

First Yr	Fall Semester	Cred	Sem Taken	Grade	First Yr	Spring Semester	Cred	Sem Taken	Grade
CORE 101	Academic Found. I	3			ESAT 201	First Aid Emerg. Care	2		
MATH 101	Int. Algebra	4			PSYC 100	Gen. Psych. (S)	3		
ESAT 100	Princ. Of Fitness	2			CORE 102	Academic Found. II	3		
BIOL 101, 103, or 104	Bio and Soc./Plant (N)	4			ESAT 103	Found. ESAT/AT Career	2		
	Rel/Philosophy Elective	3				Pre-Calculus or Elective	3		
						Humanities	3		
		16					16	32	
Second Yr					**Second Yr**				
ESAT 225	Anatomy	3			ESAT 115	Care and Prevent.	3		
CHEM 101 or 105/7 OR PHYS 101/3	Chemistry OR Physics I w/Lab	4			MLC	Language	4		
MLC	Language	4			ESAT 250	Human Physiology	3		
ESAT 145	Obs. & Orthoses	2				Electives (non-ESAT)	3		
ESAT 145 L	Obs. & Orthoses Lab	1				Non Western	3		
	Elective	3							
		17	49				16	65	
Third Yr					**Third Yr**				
	ARTS	3			ESAT 300	Kinesiology (W)	3		
ESAT 325	Ortho. Assess. I	2			ESAT 326	Ortho. Assess. II	2		
ESAT 325 L	Ortho. Assess. I Lab	1			ESAT 326 L	Ortho. Assess. II Lab	1		
ESAT 345	AT Clinical Skills I	2			ESAT 346	AT Clinical Skills II	2		
ESAT 347	AT Clinical Skills I Sem.	2			ESAT 348	AT Clinical Skills II Sem.	1		
ESAT 330	Ther. Modalities	2			ESAT 339	Prescription and Cond.	3		
ESAT 330 L	Ther. Modalities Lab	1			BIOL 209	Human Nutrition	3		
ESAT 311	Ex. Phys.	3							
		16	81				15	96	
Fourth Yr					**Fourth Yr**				
ESAT 426	Gen. Med. Conditions	2			ESAT 350	Lab Exp. in Ex. Phys.	3		
ESAT 426 L	Gen. Med. Cond. Lab	1			ESAT 425	Orthopedic Rehab.	2		
ESAT 445	AT Clinical Skills III	2			ESAT 425 L	Orthopedic Rehab. Lab	1		
ESAT 447	AT Clin. Skills III Sem.	1			ESAT 446	AT Clinical Skills IV	2		
PSYC 211	Statistics for Psych.	4			ESAT 448	AT Clin. Skills IV Sem.	1		
	Elective	2			PSYC 265	Research Methods (W)	4		
						Elective	3		
		12	108				16	124	
Summer									
ESAT 500	Biomechanics	3			ESAT 501	Athletic Training Adm.	3		
ESAT 515	Advanced Therapies	3			ESAT 530	Ther. Interventions	3		
		6	6				6	12	
Fifth Yr					**Fifth Yr**				
ESAT 545	Adv. Clin. Skills I	4			ESAT 546	Adv. Clin. Skills II	4		
ESAT 595	Thesis	4			ESAT 595	Thesis	4		
ESAT 590	Advanced Topics in AT	3			ESAT 547	Exam Prep	1		
		11	23				9	32	