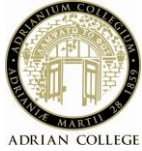


ADRIAN COLLEGE

Physical Education

FALL FRESHMAN YEAR Physical Education Major/Health Education Minor Teacher Education			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
ESAT	100	Principles of Fitness	2
BIOL	101	Natural Science Distribution/Biology	4
BIOL	101L	Biology/Lab	
CORE	1	Academic Foundations I	3
TED	101	Explorations in Education	1
		Math Requirement	4
ESAT	237	Sports Technique II	2
	TOTAL HOURS/SEMESTER		16

SPRING FRESHMAN YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
CORE	2	Academic Foundations II	3
		Art Distribution	3
ESAT	236	Sports Tech I	2
		Humanities	3
		(minor) Personal Health	3
ESAT	103	Foundations and Careers	2
	TOTAL HOURS/SEMESTER		16

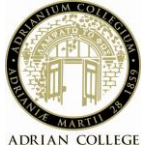


ADRIAN COLLEGE

Physical Education

FALL SOPHOMORE YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
TED	282	(minor) Health Content II	3
TED	204	Educational Psychology	3
TED	200	Clinical	1
ESAT	222	Physical Educational Methods	3
ESAT	230	Motor Learning and Development	3
		Foreign Language I	4
TOTAL HOURS/SEMESTER			17

SPRING SOPHOMORE YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
TED	205	Exceptional Students	3
TED	203	Clinical	1
		Foreign Language II	4
ESAT	225	Anatomy	3
TED	281	(minor) Health Content I	4
ESAT	238	Sports Technique III	2
TOTAL HOURS/SEMESTER			17

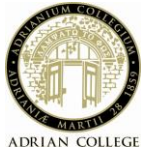


ADRIAN COLLEGE

Physical Education

FALL JUNIOR YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
ESAT	218	Rhythmic Activities	1
TED	398	(minor) Teaching Sexuality in Schools	3
ESAT	250	Human Physiology	3
ESPE	333	Adapted PE	3
TED	330	Teaching and Learning Processes	3
ESAT	303	Outdoor Pursuits	2
TED	300	Clinical	2
	TOTAL HOURS/SEMESTER		17

SPRING JUNIOR YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
ESAT	303	Outdoor Pursuits	2
TED	381	(minor) School Health Curriculum	3
TED	207	Adolescent Development (Writing Intensive)	3
TED	350	Instructional Technology	2
ESAT	311	Exercise Physiology	3
ESAT	304	Teaching and Organization of Strength Training	2
	TOTAL HOURS SEMESTER		15

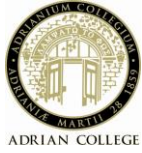


ADRIAN COLLEGE

Physical Education

FALL SEMESTER SENIOR YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
TED	401	Assessment in Health Education	3
TED	346	Literacy in Content Areas	3
TED	338	Teaching Health Education in M.S./H.S	3
		Religion/Philosophy Distribution	3
TED	300	Clinical	2
TED	337	Secondary Physical Education Methods	2
TOTAL HOURS/SEMESTER			16

SPRING SENIOR YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
ESAT	402	Administration of Physical Education	3
		Non-western Distribution	3
TED	405	(minor) Role of the Health Educator	3
TED	407	Assessment and Evaluation	3
		Social Science Cognate: HIST 105, HIST 106, PSCI 101, PSCI 236, PSCI 250	4
TOTAL HOURS/SEMESTER			16



Physical Education

FALL FIFTH YEAR			
DEPT	COURSE NUMBER	COURSE NAME	CREDITS
TED		Associate Teaching	10-12
	TOTAL HOURS/SEMESTER		16

Certifications Needed: Must have current CPR Adult/Child/First Aid Certification and 2 additional certifications upon graduation. (Sample Certifications: Lifeguard, Water Safety Instructor, Archery, Aerobics Instructor, CPR/First Aid Instructor, Strength and Conditioning)