



ADRIAN COLLEGE STUDENT HEALTH CENTER

Phone: (517) 265-5161, ext. 4214 Fax: (517) 264-3112

Lenawee County Counseling Services *A Resource List for Adrian College Students*

<p>COUNSELING OF LENAWEЕ http://counselingoflenawee.com/</p> <p>CONTACT: 517-759-6979 LOCATION: 604 S. Main St., Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Substance abuse and addiction, depression & anxiety disorders, trauma grief and loss.</p>	<p>OMEGA COUNSELING https://www.liveomega.net/</p> <p>CONTACT: 517-902-1754 LOCATION: 600 N. Broad St. Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Grief and loss counseling, crisis intervention, healing from sexual and physical abuse.</p> <p><i>*A great option for those looking for a male counselor</i></p>
<p>HILLTOP COUNSELING http://www.hilltopcounseling.org/</p> <p>CONTACT: 517-920-4080 LOCATION: 115 W Maumee St, Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Self-esteem, parent-child conflict, separation & divorce, anger & aggression, ADHD, grief & loss, personality disorders, abuse, depression, and anxiety.</p> <p><i>*LGBTQAI affirming practice</i></p>	<p>SPARROW COUNSELING https://www.sparrowcounseling.org/</p> <p>CONTACT: 734-265-0043 LOCATION: 204 E. Church St, Suite 100 Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Depression and anxiety, individual therapy for children, adolescents, and adults, Christian counseling, and trauma, (offers a variety of services).</p> <p><i>*Online/Virtual Capabilities * Specializes in treating women*</i></p>
<p>STILL WATERS COUNSELING http://still-waters-counseling.com/</p> <p>CONTACT: 734-944-3446 LOCATION: 403 N. Broad Street, Adrian, MI, 49221</p> <p>CONCERNS ADDRESSED: Depression, anxiety, addiction and substance abuse, suicidal impulses, stress, trauma, low self-esteem, and grief, mental/emotional health issues, and relationship problems.</p>	<p>LENAWEЕ COMMUNITY MENTAL HEALTH https://www.lcmha.org/</p> <p>CONTACT: 517-263-8905 1-800-664-5005 LOCATION: 1040 S. Winter Street (Suite 1022) Adrian, MI 49221</p> <p><i>*** Multiple services are offered, and can provided based on a sliding scale. Student must fit criteria for services, if not, CMHA will still help them find local support for their specific needs. ***</i></p>
<p>HOSPICE OF LENAWEЕ https://www.hospiceoflenawee.org/grief-support.php#services</p> <p>CONTACT: 517-263-2323 (Lee Ann Straub) LOCATION: 1903 Wolf Creek Highway Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Grief Counseling.</p> <p><i>*** Cost-Free services, trauma related specialties offered as well. ***</i></p>	<p>ADRIAN COUNSELING AND PSYCHIATRY CLINIC https://www.adrianpsych.com/</p> <p>CONTACT: 517-263-5810 LOCATION: 142 E Maumee St. #103, Adrian, MI 49221</p> <p>CONCERNS ADDRESSED: Depression, anxiety, trauma, PTSD, crisis intervention, family/relationship problems, couples, substance abuse, grief and loss, psychotherapy, mood swings and stress.</p>
<p>FAMILY MEDICAL CENTER OF MICHIGAN https://www.familymedicalmi.org/behavioral-health-services</p> <p>CONTACT: 517-263-1800 / LOCATION: 1200 N. Main St., Adrian, MI 49221 / CONCERNS ADDRESSED: Wide array of specializations.</p> <p><i>*** This location offers services based on a sliding scale (fees and prices are based on a customer's ability to pay) ***</i></p>	
<p>If you are in crisis, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or text TALK to the Crisis Text Line at 741741</p>	