

ADRIAN COLLEGE

Special Olympics Skating

Session 4 Dates:

March 8th, 2020
March 15th, 2020
March 22nd, 2020
March 29th, 2020

Time: 11:00 am - 12:00 pm

This is a special off ice and on ice hybrid class.
Skaters will start off the ice for 30 minutes,
then will take the ice for the remaining 30 minutes.

Cost: \$25 for all 4 weeks. Includes Learn To Skate USA membership fee and skate rental.

Location: Arrington Ice Arena, 273 S. Charles St. Adrian, MI 49221

Special Note: Please arrive 20 minutes early on the first day to get registered

Skater's Name (First & Last):

Name of Parent/Guardian:

Phone Number:

Home Address:

Skaters Age:

Email:

Skaters Birthday:

What special accommodations, if any, does your skater need:

Is there anything else the coaching staff should know:

Special Olympic skating programs encourage individuals with disabilities to develop independence, confidence, and physical fitness through participation in skating. Research proves daily physical activity raises self-esteem, develops peer relationships, enhances overall health and improves quality of life. Medical and sports professionals have all suggested that ice skating is a beneficial physical activity for providing healthy exercise and enjoyment for people of all ages and abilities. If you have any additional questions about our program or support for your skater, please do not hesitate to contact us: nczuhajewski@adrian.edu